

**Monterey Bay
Zen Center**

PO Box 3173
Monterey, CA 93942
831-375-7826

Montereybayzencenter.org
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Regular events

at

*Carl Cherry Center
for the Arts
4th and Guadalupe
Carmel 831-624-7491*

Tuesday nights,

6:30-8:30 pm
Zazen, Kinhin, Service and
Dharma Talk

Zazen instruction,

5:30pm first Tuesday of the
month

Morning Sittings,

Monday and Thursday
7-7:50 am, Zazen

Ordinary Recovery

Saturdays 9 to 10am

Brown Bag Zen

Fridays, 12:15-1:15
St James Church
Franklin & High
Monterey

*Founding Teacher
Katherine Thanas
INO Susan McDonald*

Questions: call Kathy Whilden ☐
375-7826
Email: wildini@aol.com

January 2012

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 7 am – 7:50am Zazen	3 5:30 Zazen Inst. 6:30 – 8:30 pm Zazen, Dharma Talk Kokyo Henkel	4 Zazen, Talk 7-8:30pm Carmel Valley Patricia ,659-3042	5 7 am –7:50am Zazen	6 12:15-1:15 Brown Bag Zen St James church, Monterey	7 Ordinary Recovery class, 9 to 10am
8	9 7 am – 7:50am Zazen	10 6:30 – 8:30 pm Zazen, Dharma Talk Kokyo Henkel	11	12 7 am –7:50am Zazen	13 12:15-1:15 Brown Bag Zen St James church, Monterey	14 Ordinary Recovery 9 to 10am Precept class 10:30-noon BBZ Tea 1:30 Monterey
15	16 7 am – 7:50am Zazen	17 5:30 Chanting practice 6:30 – 8:30 pm Zazen, Dharma Talk Robert Reese	18 Zazen, Talk 7-8:30pm Carmel Valley Patricia ,659-3042	19 7 am –7:50am Zazen	20 12:15-1:15 Brown Bag Zen St James church, Monterey	21 Ordinary Recovery class, 9 to 10am Meditation: 9-12:45 Carmel Valley
22 Step by Step Mindful walk 10am Visitor's Center Garland Park Susan (831) 601-7590	23 7 am – 7:50am Zazen	24 6:30 – 8:30 pm Zazen, Dharma Talk Leslie James	25	26 7 am –7:50am Zazen	27 12:15-1:15 Brown Bag Zen St James church, Monterey	28 Ordinary Recovery class, 9 to 10am Half Day Sitting 8:30-noon St James, Monterey
29 10-noon Board Meeting Carmel Valley	30 7 am – 7:50am Zazen	31 5:30 Chanting Practice 6:30 – 8:30 pm Zazen, Dharma Talk Sara Hunsaker	Feb. 1 Zazen, Talk 7-8:30pm Carmel Valley Patricia ,659-3042	Feb. 2 7 am –7:50am Zazen	Feb. 3 12:15-1:15 Brown Bag Zen St James church, Monterey	Feb. 4 Ordinary Recovery class, 9 to 10am

**Half Day Sitting
With Patricia Wolff**
Sat. Jan 28
8:30 to noon
St James, Monterey
Kathy (831) 375-7826

**Brown Bag Zen
Tea Party**
Sat. Jan. 14
1:30pm
526 Dutra St. Mty
(831) 375-7826

**Meditation with
Sara Hunsaker**
Sat. Jan 21, 9-12:45
24 Paso Cresta, CV
(831) 659-1552
Oryoki Lunch Included
\$5-10 donation

**Weekend Sesshin Feb. 3- Feb 5
Practice Period Feb. 3- April 1**
Susan McDonald (831) 601-7590
Monthly Precept class, Jan 14
Robert Reese (831) 920-8303